



**Mackinac 4-H Horse Clubs
Giddy-Up & Go
Gallopig Glider**

**2011 Giddy-Up & Go Club
Lesson Plan**

AGES: 5 to 8 yr. olds or first time riders

REQUIREMENTS:

- An adult be present during the lesson.
- Must be a 4-H member (form filled out, dues included in lesson price) and have signed release forms (MHA and City of M.I.) signed.
- Long pants, shoes with heels and a properly fitted helmet.

CURRICULUM:

- Safety on the ground – How to approach a horse, how to lead a horse from the ground.
- How to mount and dismount properly, proper position in the saddle.
- How to control a horse – proper use of aids, emergency stops, maneuvering the horse around obstacles. Learning to walk and trot, and possibly cantering.
- The nature of horses – why horses behave the way they do.
- General knowledge - parts of the horse, parts of the saddle and bridle, breeds and colors.

GOALS:

- To built confidence through the knowledge of the horse and learning safe horse handling skills, while enjoying the riding experience.

Giddy-Up & Go Club (5 to 8 yr olds).....\$72.00/6 lessons or \$13.00 per lesson

Deduct \$25.00 for 4-H families with more than one child enrolled in riding lesson program.

Scholarships available – please contact Leanne Brodeur, 4-H Horse Club Leader

Leanne Brodeur, 4-H Leader
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