



2008 GIDDY UP & GO
4-H HORSEBACK RIDING
LESSON PROGRAM

WEDNESDAYS - 7 P.M.
MARY MILTON MEMORIAL HORSE RING AT GREAT TURTLE
PARK

AGES: 5 to 8 yr. olds or first time riders

REQUIREMENTS:

- An adult be present during the lesson.
- Must be a 4-H member (form filled out, dues included in lesson price) and have signed release forms (MHA and City of M.I.) signed.
- Long pants, shoes with heels and a properly fitted helmet.

CURRICULUM:

- Safety on the ground – How to approach a horse, how to lead a horse from the ground.
- How to mount and dismount properly, proper position in the saddle.
- How to control a horse – proper use of aids, emergency stops, maneuvering the horse around obstacles. Learning to walk and trot, and possibly cantering.
- The nature of horses – why horses behave the way they do.
- General knowledge - parts of the horse, parts of the saddle and bridle, breeds and colors.

GOALS:

- To built confidence through the knowledge of the horse and learning safe horse handling skills, while enjoying the riding experience.